

Uplifting Women Together Since 2003

**Tuesday** 

9:45 am – 10:45 am

Yoga w/ Lynne

10:00 am - 12:00 pm

Sewing – Swimwear &

Undergarments w/ Lida

10:30 am - 12:00 pm

Beginner's English w/ Maria

1:00 pm – 2:00 pm

Beginner's English w/

Maria

3:30 pm - 5:00 pm

Beginner's English w/ Rosa

4:00 pm - 6:00 pm

**Conversations &** 

Connections w/ Racheal

## Regularly Scheduled Classes

Wednesday 9:00 am – 10:30 am Beginner's English w/ Rosa

10:00 am – 12:00 pm Sewing – Scrubs Project w/ Marina

12:00 pm – 1:30 pm Beginners English w/ Letty

2:00 pm -4:00 pm Conversations & Connections w/ Maria

4:00 pm – 5:00 pm Beginner's English w/ Marie 9:00 am – 10:00 am English Conversation w/ Ellen

Thursday

10:30 am - 11:30 am Yoga w/ Home Power Yoga

1:00 pm – 2:30 pm Computer Skills w/ Racheal Class starts May 23<sup>rd</sup>

1:00 pm – 3:30 pm Sewing/Quilting Class w/ Lourdes

4:00 pm – 5:00 pm Citizenship Preparation w/ Iris

4:00 pm – 6:00 pm Conversations & Connections w/ Sheila

5:00 pm – 6:00 pm English Conversation w/ Maria

## Friday

9:00 am – 1:00 pm Knitting & Crocheting w/ Juana

> 11:00 am – 12:00 pm English Conversation w/Maria

12:30 pm – 1:30 pm Beginners English w/ Maria

> 4:30 pm – 6:00 pm Basic Computers w/ Patience

\*\* Volunteers needed for Basic Computer Classes

## Special Events – Registration Required

| 1:00 pm – 4:00 pm   | Friday  | Cinco De Mayo Celebration   |
|---------------------|---|---|
| 4:00 pm – 6:00 pm   | Friday  | Ceramic Painting w/ Carmen  |
| 9:30am – 12:00 pm   | Monday  | Canvas Painting w/ Carmen   |
| 1:00 pm – 2:30 pm   | Monday  | Healing Hearts Through the Arts w/ Maria Politano   |
| 11:00 am – 1:00 pm  | Tuesday   | Parenting Workshop w/ Bayway Family Success Center  |
| 5:00 pm – 7:00 pm   | Tuesday   | Invisible Woman Workshop w/ NJ4S  |
| 5:00 pm – 6:30 pm   | Wednesday   | Mommy & Me Crafts w/ Vanessa  |
| 10:00 am – 11:30 am | Friday  | Women Supporting Women w/ YWCA  |
| 12:00 pm – 3:00 pm  | Friday  | Mother's Day Brunch   |
| All Day             | Monday  | Center is Closed  |
| 11:00 am – 1:00 pm  | Tuesday   | Parenting Workshop w/ Bayway Family Success Center  |
| 1:30 pm – 3:00 pm   | Tuesday   | Lunch & Learn: Elder Law  |
| 10:30 am – 12:30 pm | Thursday  | Earring Making w/ Carmen  |
| 10:00 am – 12:00 pm | Saturday  | Mother's Day Family Fun for All with Great Swamp  |
| 9:30 am – 12:00 pm  | Monday  | Wood Decoupage w/ Carmen  |
| 1:00 pm – 2:30 pm   | Monday  | Healing Hearts Through the Arts w/ Maria Politano   |
| 11:00 am – 12:00 pm | Tuesday   | Connecting the Pieces Support Group   |
| 12:00 pm – 1:00 pm  | Tuesday   | Connecting the Pieces Music Therapy w/Maria   |
| 10:00 am – 11:30 am | Friday  | Women Supporting Women w/ YWCA  |
| 10:30 am – 12:00 pm | Friday  | Arts & Crafts w/ Pat  |
| 4:00 pm – 6:00 pm   | Friday  | Vitral Crafts w/ Carmen   |
| All Day             | Monday  | Closed to Observe Memorial Day  |
| 1:00 pm – 2:30 pm   | Tuesday   | Healing Hearts Through the Arts w/ Maria Politano   |
| 7:00 am – 2:00 pm   | Thursday  | FABSCRAP Field Trip   |
| 9:30 am – 12:30 pm  | Friday  | Foam Painting w/ Carmen   |
|                     | 4:00 pm - 6:00 pm<br>9:30am - 12:00 pm<br>1:00 pm - 2:30 pm<br>11:00 am - 1:00 pm<br>5:00 pm - 7:00 pm<br>5:00 pm - 6:30 pm<br>10:00 am - 11:30 am<br>12:00 pm - 3:00 pm<br>11:00 am - 1:00 pm<br>1:30 pm - 3:00 pm<br>10:30 am - 12:30 pm<br>10:00 am - 12:00 pm<br>10:00 am - 12:00 pm<br>11:00 pm - 2:30 pm<br>11:00 pm - 1:00 pm<br>10:30 am - 12:00 pm<br>10:30 am - 12:00 pm<br>10:00 am - 12:00 pm | 4:00 pm - 6:00 pm       Friday         9:30am - 12:00 pm       Monday         1:00 pm - 2:30 pm       Monday         11:00 am - 1:00 pm       Tuesday         5:00 pm - 7:00 pm       Tuesday         5:00 pm - 6:30 pm       Wednesday         10:00 am - 11:30 am       Friday         12:00 pm - 3:00 pm       Friday         12:00 pm - 3:00 pm       Friday         11:00 am - 1:00 pm       Tuesday         10:30 am - 1:00 pm       Tuesday         10:30 am - 1:00 pm       Tuesday         10:00 am - 1:200 pm       Monday         10:00 am - 12:00 pm       Monday         11:00 am - 12:00 pm       Monday         10:00 am - 12:00 pm       Monday         11:00 am - 12:00 pm       Tuesday         10:00 am - 12:00 pm       Tuesday         10:00 am - 12:00 pm       Tuesday         10:00 am - 12:00 pm       Friday         10:00 am - 12:00 pm       Friday         4:00 pm - 6:00 pm       Friday         4:00 pm - 2:30 pm       Tuesday         10:00 am - 12:00 pm       Friday         4:00 pm - 2:30 pm       Tuesday         7:00 am - 2:00 pm       Tuesday |

## Monday

9:00 am – 11:30 am Sewing/Quilting Class w/ Lourdes

9:30 am – 1:00 pm Sewing – Alterations & Clothing Class w/ Maria

12:00 pm – 1:00 pm "I am Enough" Support Group \*\*New Time & Day

4:30 pm – 6:00 pm Beginners English w/ Shteffany