



EMPOWERMENT

Join Josephine's Place in the 3rd workshop on personal empowerment
to creating a healthy YOU!



Journey To A Healthier You

Date: Friday, October 13, 2017
Time: 10:00am – 11:30am

****IMPORTANT:** *Please try to attend all 3 sessions***



*This session is made possible by:
Horizon Foundation of New Jersey Grant & Josephine's Place*

REGISTRATION REQUIRED

JOSEPHINE'S PLACE
622 Elizabeth Ave
Elizabeth, NJ 07206
www.josephinesplace.org